Prayer for



Lord, be with us so that we may not look forward in fear to the changes in life.

We are Your very own and we believe that You will lead us safely through all things.

And when we cannot stand it, You will carry us in Your arms.

May we not fear what will happen tomorrow.

You are our everlasting Parent, who cares for us today, and we believe that You will care for us every day.

Lord, either shield us from suffering, or give us the unfailing strength to bear it.

May we be at peace and so put aside all anxious thoughts and imaginations.

In this peace, we know that

- the love of God surrounds us,
- the Light of God shines in us,
- the Spirit of God hovers over us,
- the Presence of God unfolds as us,
- and wherever we are, God is.

Through Jesus, Mary and Joseph, Family like us, we ask all of this now and forever. Amen.

St. Francis deSales – James Dillet Freeman – John D. Nanz

Stay Blessed & Stay Safe!